



Opportunity to adopt a class for healthy life



HEALTHY MESSAGE: Healthy Harold with students from Newcastle Grammar School.

HUNTER Life Education has launched its Adopt-a-Class program, an initiative which aims to ensure every child in the Hunter can attend one of its programs and make healthy lifestyle choices.

Through the program, Hunter businesses will be invited to financially support a school or class to receive the Life Education program. Businesses can adopt a primary school class at a cost of \$450 per class, per year.

This year, Hunter Life Education celebrates 25 years of providing children and young people with the knowledge and skills to make healthy lifestyle choices. Hunter Life Education aims to help young people eliminate illegal drug use, reduce smoking, avoid or delay alcohol use and make healthy choices in terms of their diet and lifestyle.

Hunter Life Education helps schools with their drug and health education programs by

working in partnership with education leaders, businesses and the community.

Businesses which support this initiative will allow a local primary school class to receive the Life Education message throughout their formative primary years to ensure that they are prepared to make healthy choices in the future.

David Baker, executive officer for Hunter Life Education, believed initiatives like Adopt-a-Class were instrumental in maintaining the success of the educational program.

"Adopt-a-Class is a rewarding initiative for any business to partake. By supporting a class, local businesses can ensure that the valuable message of choosing a healthy lifestyle is communicated to our children regardless of their family situation or background. It will also give the supporting business a connection with local schools and they will see the progress of the Life Education program," he said.