



# Black Mountain

Another busy week has gone by at Black Mountain Public School with lots of fantastic learning for the students. It will be an action packed term at the school with the new building beginning, the new playground, sports shed and new school sign going in. What a very exciting time it is to be a part of the school community.

Last week the students enjoyed their yearly visit from their friend Healthy

Harold and his Life Education Van. Harold once again bought his message to the students of the importance of a healthy lifestyle and not putting drugs and other unhealthy things into their bodies. This is a very worthwhile program for the students and extends the work the students do in their lessons at school in the Personal Development program.

The students are also continuing to

enjoy the Homework Centre and Active After School Care program three days a week. The students get to complete their homework with expert advice, and they also get to enjoy a healthy, active time with games and physical activity.

*with Principal Margaret Cobb*



Ms Ruth van derWegen, Co-ordinator of the Life Education Van, instructs Black Mountain students on how to have a healthy lifestyle



# St Mary of the Angels

## Life Education Program

Last Wednesday St Mary of the Angels enjoyed our annual visit by the Life Education Van. This wonderful program supplements the valuable work covered by the school in the Personal Development and Health syllabus. While our younger students are enthralled by Harold the giraffe, our older students certainly found a much more realistic and frightening message. The senior program this year focused on "smoking": a real concern for some students as members of their family struggle with this problem.

The students learnt about nicotine addiction and the effects of smoking on the body. They were distressed by photos of early, middle and later stages of emphysema on the lungs. They were amazed to find out that cigarettes contain over four thousand different chemicals and that even one cigarette has an effect on the body and can begin a life-long addiction. Knowledge covered will now be consolidated using the follow up material provided by the Life Education Program.

## Touch Football Success

After weeks of training sessions during lunchtimes our students from Years 3-6 attended the Diocesan Touch Football Carnival in Tamworth on Friday 30th. This carnival is usually one of the highlights of our sporting year and 2009 again proved that small schools can compete on an equal footing with much larger Catholic schools. Our senior team were disappointed that injury did not allow Jasmin, Lochlan and Kathleen to compete but they put up a very brave performance winning two games, losing one and drawing their final game to place second in their pool.

The stand out champions on the day were our junior team who competed against much older children and managed to win three games and draw another to place first in their pool. They progressed to the semi-finals but despite excellent defence were outclassed by a very professional Year Six team from Narrabri.

A major feature of success for both teams was their excellent defence. They managed to consistently cover across the whole field, moving forward and back as a team. Many tries were stopped

on the wings because of their great defence pattern. Another outstanding feature of both teams was the exemplary sportsmanship of all players. Liam Roberts was specifically congratulated by one match referee for his fairness and honesty. It is such a pleasure to be associated with these students. I thank their parents for coming along and making this day such a wonderful success. We are already looking forward to next year.

## Melbourne Cup Madness

Students entered into the enthusiasm and excitement of Melbourne Cup day with a hat parade. Students from Years K-6 designed and created hats for a fashion parade. Special guest judges, Father Anthony and Mrs Brenda Groom, awarded prizes according to the time and effort required to create the hats and the uniqueness of the design. The grand prize winner was Will Klingsporn from Year 1 with his fabulous horse enclosure. Congratulations to Will and all the other contestants.

*with Principal Sharon Wittig*



Darcy Jackson, Vicente Abayan and Tully Jackson showing off their hats



**Guyra Argus**  
Thursday 5/11/2009  
Page: 5  
Section: General News  
Region: Guyra NSW Circulation: 1,000  
Type: Regional  
Size: 293.09 sq.cms.  
Frequency: ---T---

Brief: LIFE ED1  
Page 2 of 2



Sarah Woodhead sets up play